



San Diego Met High School

2023-2024 Daily Schedule



Monday/Wednesday/Friday Schedule

Period	Start Time	End Time
Advisory	8:30 AM	9:20 AM
2	9:25 AM	10:40 AM
3	10:45 AM	12:00 PM
Lunch	12:05 AM	12:35 PM
4	12:40 PM	1:55 PM
5	2:00 PM	3:15 PM

Tuesday/Thursday Schedule

Time	Gateway Group A <i>First 6 weeks of school, then follow schedule for Returning Students</i>	Gateway Group B <i>First 6 weeks of school, then follow schedule for Returning Students</i>	Returning Students <i>Attend school until you secure an internship (signed contract with mentor)</i>
8:30-9:30	LTI Gateway <i>Led by: Internship Coordinator Room: K201B</i>	Met 101 <i>Led by: Advisor Room: K202</i>	Internship search and preparation <i>Led by: Advisor</i>
9:40-10:40	Met 101 <i>Led by: Advisor Room: K202</i>	LTI Gateway <i>Led by: Internship Coordinator Room: K201B</i>	
10:50-11:30	Advisory <i>Led by: Advisor</i>	Advisory <i>Led by: Advisor</i>	
11:30	Dismissal	Dismissal	Dismissal

Internship Schedule

Internship hours are scheduled by agreement between the mentor and student, and based on their needs. Students are required to work a minimum of 4 hours on Tuesday and 4 hours on Thursday to earn academic credit for their internships and fulfill the requirements of enrollment at the Met. Internships may only be scheduled between the hours of 7am and 7pm, in accordance with state laws relating to work experience education.